

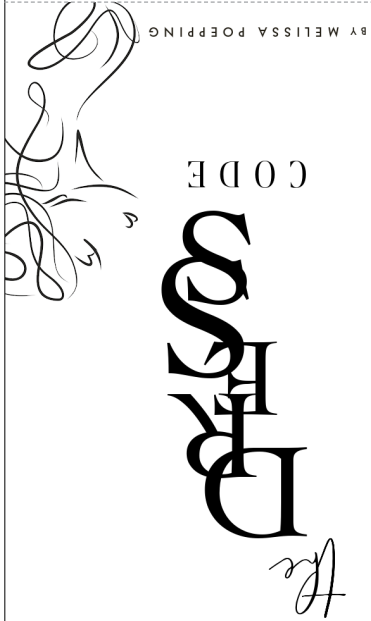
THE DRESS CODE: be your own kind of beautiful

To learn more about creating a powerful self-image without compromise,

visit melissapoepping.com

To use this guide:

1. Cut along outer black line
2. Fold on grey lines



FIVE THINGS

I love about my body

I want to feel in this outfit

That make me feel
beautiful

THE DRESS CODE BY MELISSA POEPPING

STYLE YOUR OUTFIT TO MATCH HOW YOU DESIRE
TO FEEL TODAY.

confident classy chic retro pretty

UPSIDE DOWN

DON'T LET TEMPORARY EMOTIONS AND OUTSIDE
CONDITIONS DIRECT YOUR DAY

INSIDE OUT

HOW YOU DESIRE TO FEEL ON THE INSIDE,
IS HOW YOU SHOULD LOOK ON THE OUTSIDE

THIS IS HOW I DESIRE TO FEEL TODAY

1
2
3
4
5

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I AM SO HAPPY AND GRATEFUL NOW THAT....

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Melissa

BE YOUR OWN
KIND OF BEAUTIFUL

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WHY BE JUST ANOTHER
GRAIN OF SAND ON
THE BEACH, WHEN YOU
WERE MEANT TO
MAGNIFICENTLY STAND
OUT?
DON'T FOLLOW THE
STANDARD SET BY
SOMEONE ELSE.
SOMEONE YOU MIGHT
NOT EVEN KNOW
WHEN YOU ARE
BEAUTIFULLY EQUIPPED
TO SET A NEW ONE.

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*Don't let other
people decide
who you are*

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